





Arden Courts 
Memory Care Community

April 2020

Dr. Cate Zoom Memory Cafes & ME™ Support

Sunday		Tues.	Wednesday	Thur	Friday	Sat.
	March 30		1	2	3	4
	10:00 Dr. Cate Zoom Support 2:00 Dr. Cate Memory Cafe		10:00 Dr. Cate Zoom Support 2:00 Dr. Cate Memory Cafe		10:00 Dr. Cate Zoom Support 2:00 Dr. Cate Memory Cafe	
5	6	7	8	9	10	11
	10:00 Dr. Cate Zoom Support 2:00 Dr. Cate Memory Cafe		10:00 Dr. Cate Zoom Support 2:00 Dr. Cate Memory Cafe		10:00 Dr. Cate Zoom Support 2:00 Dr. Cate Memory Cafe	
12	13	14	15	16	17	18
	10:00 Dr. Cate Zoom Support 2:00 Dr. Cate Memory Cafe		10:00 Dr. Cate Zoom Support 2:00 Dr. Cate Memory Cafe		10:00 Dr. Cate Zoom Support 2:00 Dr. Cate Memory Cafe	
19	20	21	22	23	24	25
	10:00 Dr. Cate Zoom Support 2:00 Dr. Cate Memory Cafe		10:00 Dr. Cate Zoom Support 2:00 Dr. Cate Memory Cafe		10:00 Dr. Cate Zoom Support 2:00 Dr. Cate Memory Cafe	
26	27	28	29	30		
	10:00 Dr. Cate Zoom Support 2:00 Dr. Cate Memory Cafe		10:00 Dr. Cate Zoom Support 2:00 Dr. Cate Memory Cafe		10:00 Dr. Cate Zoom Support 2:00 Dr. Cate Memory Cafe	
	RSVPs are required to vkronin1@gmail.com or catemccarty@gmail.com		Dr. Cate ME Support Groups - Practical guidance for both Memory Engagement and Maximizing Energy.		Each cafe will have a unique theme, attend one or all—We are here for you.	