

The Values and Preferences Scale

For use in both research and practice settings, this 24-item scale assesses the everyday care values and preferences of persons with cognitive impairment and the perceptions of family caregivers about their relative's values and preferences.¹

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¹ Whitlatch, C.J., Feinberg, L.F., Tucke, S.S. (2005). Measuring the values and preferences for everyday care of persons with cognitive impairment and their family caregivers. *The Gerontologist*, 45(3), 370-380.

THE VALUES AND PREFERENCES SCALE - CAREGIVER

How important is it for your [relative] to:	Very Important	Somewhat Important	Not At All Important
Be with family or friends	3	2	1
Be safe from crime	3	2	1
Have reliable help	3	2	1
Choose particular family or friends to help him/her	3	2	1
Keep her/his same doctors	3	2	1
Feel safe in her/his home even if this restricts her/his activity	3	2	1
Be in touch with others in case of emergency	3	2	1
Be a part of family celebrations or rituals	3	2	1
Be able to practice her/his religious or spiritual beliefs	3	2	1
Avoid being a physical burden on her/his family	3	2	1
Keep in touch with distant family and friends	3	2	1
Have you be the one to help her/him out	3	2	1
Avoid being a financial burden on her/his family	3	2	1
Avoid family conflict	3	2	1
Have some money to leave to her/his family	3	2	1
Come and go as s/he pleases	3	2	1
Organize her/his daily routine in her/his own way	3	2	1
Do things for her/himself	3	2	1
Make her/his own financial decisions	3	2	1
Spend her/his money how s/he wants	3	2	1
Use services that s/he can pay for her/himself	3	2	1
Have something to do	3	2	1
Live in her/his own home	3	2	1
Feel useful	3	2	1

THE VALUES AND PREFERENCES SCALE - CARE RECEIVER

How important is it for you to:	Very Important	Somewhat Important	Not At All Important
Be with family or friends	3	2	1
Be safe from crime	3	2	1
Have reliable help	3	2	1
Choose particular family or friends to help you	3	2	1
Keep your same doctors	3	2	1
Feel safe in your home even if this restricts your activity	3	2	1
Be in touch with others in case of emergency	3	2	1
Be a part of family celebrations or rituals	3	2	1
Be able to practice your religious or spiritual beliefs	3	2	1
Avoid being a physical burden on your family	3	2	1
Keep in touch with distant family and friends	3	2	1
Have [caregiver] be the one to help you out	3	2	1
Avoid being a financial burden on your family	3	2	1
Avoid family conflict	3	2	1
Have some money to leave to your family	3	2	1
Come and go as you please	3	2	1
Organize your daily routine in your own way	3	2	1
Do things for yourself	3	2	1
Make your own financial decisions	3	2	1
Spend your money how you want	3	2	1
Use services that you can pay for yourself	3	2	1
Have something to do	3	2	1
Live in your own home	3	2	1
Feel useful	3	2	1